

## Stage Two

Overarching case scenario 59

29 year old English teacher, drives, hobbies theatre, dance.

Aftercare on soft lenses.

Monthly disposable soft lenses fitted 3 years ago; last aftercare 4 months ago but has since relocated so needs new practitioner. DV and NV good with spectacles and lenses.

Comfort not as good as it used to be, finds lenses irritate after about 5 hours wear and has to remove them. Eyes also look a little red at the end of the day.

No problems with handling.

Compliance good – washes hands before lens insertion and removal; changes CLs every month.

Uses Optifree solution, case 2 months old, washes case with boiled water from the kettle occasionally.

Wearing time 5hrs average, 6 hours max; 6 days per week. Wearing time has been reducing due to discomfort, would like to wear lenses for longer but they aren't comfortable enough.

Lenses are 3 weeks old and worn 2 hours today

No ocular history

GH good, no meds. No allergies. Non smoker. Last eye exam 12/12 ago, specs updated then.

Spec Rx RE -1.75Ds 6/5 N5

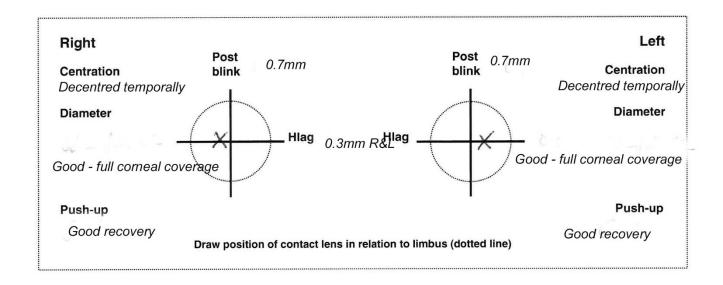
LE -2.00/-0.25x160 6/5 N5

Contact lens specification:

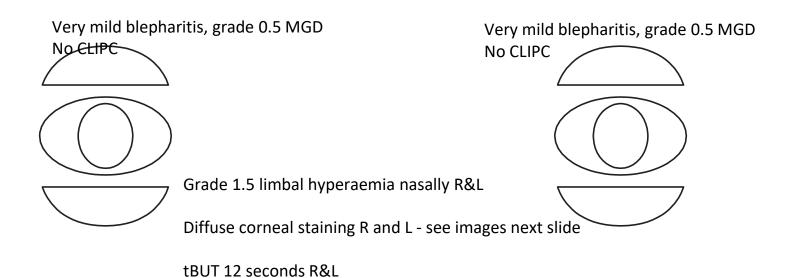
Alcon Air Optix Aqua 8.60/14.20 RE -1.75 6/5 N5 Over refraction plano

LE -2.00 6/5 N5 Over refraction plano

## Contact lens fit



## External examination



## Corneal staining

RE LE

